

January 23-28 - program in Vilnius at Šlapelių Memorial House (Pilies str 40, Vilnius, Lithuania <http://www.slapeliumuziejus.lt/>)

January 29 - rest day, moving to Kaunas

January 30 - February 2 - program in Kaunas at Senamiesčio studija (Kurpių str 25, Kaunas, Lithuania <https://www.facebook.com/senamiesciostudija.kaunas/?eid=ARC1IAqoQkwraXKLYkBKDEcWB3aDFhtBGB0tBUbSTLkIXn4eChq3hr1c0I2odsrIPVBM4Pj4WEIZHI0m>

February 3 - moving to Klaipėda

February 4 - rest day in Klaipėda

February 5-7 - program in Klaipėda (the information about premises coming soon)

February 8 - moving to Vilnius

February 9 - departure to India

The program in Vilnius.

Individual consultations in the morning and the afternoon and public lectures in the evening at 7 PM. The topics of the lectures below:

January 23 - *Introduction to Traditional Tibetan Medicine, and Role of Dietary & Behavior in maintaining healthy mind & body*

January 24 -*Introduction to Tibetan Astro. Science and Role of Tibetan Astro. Science in Tibetan medical practice*

January 25 -*Holistic Approach of Tibetan Medicine and the Role of Dietary & Behavior in maintaining good health*

January 26 -*(Nyepa Three Humors) – Their Function in the Body and Mind*

January 27 - *Relationship between Tibetan Medicine and Tibetan Astro. Science*

January 28 -*Cancer according to Tibetan Medicine*

The program in Kaunas.

January 30 - *Introduction to Traditional Tibetan Medicine, and Role of Dietary & Behavior in maintaining healthy mind & body*

January 31 -*Introduction to Tibetan Astro. Science and Role of Tibetan Astro. Science in Tibetan medical practice*

February 1 -*Holistic Approach of Tibetan Medicine and the Role of Dietary & Behavior in maintaining good health*

February 2 -*(Nyepa Three Humors) – Their Function in the Body and Mind*

The program in Klaipėda will be announced later.